

# GEORGE ROGERS CLARK | BANDS

Michael Payne, Director

Kentucky's Finest Since 1963

## Lafayette Invitational Itinerary

Saturday, September 17, 2016

7:45am	Call
8:00	Rehearsal Begins
9:00	Rehearsal Ends, Load
10:30	Depart GRC
11:30	Arrive/Lunch
12:00	Dress
12:45	Warm Up
1:30	Perform
2:15	Clinic
3:00	Dress Out
3:45	Awards
5:00	Dinner
5:30	Earliest Dress Time
6:00	Earliest Warm Up
6:45-8:15	Likely Finals Performance Time

TBD      After our finals performance, we will load, eat a snack, then return to the stadium to watch competing bands.

9:30	Awards Recognition
10:00	Depart
10:45	Arrive at GRC, Unload
11:00	Dismiss

### Notes:

- Wear your black members shirt, long black socks, shoes, and uniform gloves for practice.
- Eat breakfast, drink water, get plenty of sleep, etc. You are an athlete. Prepare as such.
- No talking on busses once we get close to stadium. You may listen to music, get in the zone, etc. Staff will let you know when this begins.
- Food will be provided throughout the day. Do not bring junk food on the bus. Avoid energy drinks and high caffeine drinks in the morning.